

CAREGIVER SUPPORT GROUP

WHEN: THIRD THURSDAY OF EVERY MONTH
6:00 P.M. TO 7:30 P.M.

WHERE: SCRIPPS MEMORIAL HOSPITAL
ENCINITAS
REHAB CONFERENCE ROOM

COST: \$20.00 PER SESSION

AN OPPORTUNITY TO SHARE WITH OTHERS THE
CHALLENGES AND REWARDS OF BEING A
CAREGIVER. LEARN ABOUT AVAILABLE
RESOURCES AND NEW STRATEGIES FOR COPING.

FACILITATED BY DEBRA LOBATZ,
MARRIAGE AND FAMILY THERAPIST
SPACE IS LIMITED
PLEASE CALL DEBRA
760-634-3188